

Activity 16. Reflective Log

Your log should provide a reflective account of how you feel your skills have developed during this module. For example, you may reflect on how much value you have gained from interviewing other students and what you have learned about yourself. It may be useful to begin by looking back at your answers to either the Skills Audit or the Card Sort exercise that you completed earlier in the module. You may start by reflecting on the skills considered within that activity. For example, in the Skills Audit the four areas that were evaluated were:

- Giving oral presentations
- Undertaking group work
- Preparing written work
- Solving problems

You may wish to reflect on how you have developed these skills during the module.

You could consider:

- The range of skills you feel you have developed
- What you felt your weakest area was and why
- The steps you took to improve
- Why you feel that area has improved
- What steps you will continue to take to ensure you continue to develop this area in the future
- How your awareness of the needs of employers has developed

You may organise your log by activity, (Activity 1, Activity 2 etc) or by skill (communication, team working etc).

Meta data

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